



Learning Opportunities for Grade 1 FI

Week of April 13th

School Vision: *Motivating, Compassionate, Successful*

School Mission: *Making a difference....Committed to learning.....Supporting each other*



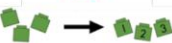

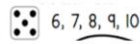

Do the best you can! Focus on life skills, physical activity, mental well-being, creative expression, social responsibility and social connections. Stay healthy and safe!

Try to work on the learning opportunities for 1 hour each day.

MATH

Counting – Have your child think of objects around the house that there may be 50 of. Make a bag with 50 of the object and have your child count it, and make groups of 2, 5 and 10 to count. Have your child tell you what strategies they used as they were counting.

Mes stratégies de compter

- Je touche et compte 
- Je compte à voix haute 
- Je bouge et compte 
- Je place en ligne et compte 
- Je continue à compter 
- Je recompte 

Addition/Subtraction - Collect toys to make addition problems, and subtraction – up to 20 objects max. Students have worked on representing addition and subtraction story problems in class. They can now practice solving and creating addition problems with objects, pictures and symbols.

• **Examples:**

- “There were some children in a group. One other child joined the group and then there were 12. How many children were there at first?”
- “There were 12 birds in a tree. Eight birds flew away. How many birds are still in the tree?”

Mental Math - Practice mental math addition strategies. So far this year we have looked at counting on to determine a sum (should not count on more than 3), making 10, and doubles. Further practice with these strategies will be beneficial. Games are a great way to practice the strategies. Encourage your child to tell you what strategy they used to find an answer to an addition question.

- ✓ **Addition quick draw:** 2 people – Deal out all the cards to each player. One player calls, ‘Draw’ and both players turn over their top card and place it face up in the center. The players add the two numbers that are showing and the first player to say the total out loud wins the two cards. After all cards have been used, the players count the number of cards that they have won. The winner is the person who has the most cards.



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- ✓ **Make ten:** Play this math card game alone or as a team. Lay out 20 cards on the table (leave out face cards or change them to equal 0, while aces equal 1). Kids remove sets of cards that add up to 10, ultimately trying to remove all the cards from the table.

LITERACY

Reading - Read with your child in English or French. Encourage them to think about the reading strategies that they are using (pointing to the words, looking at the picture, stop and think about the word, sound it out). Have your child talk about what they have read. Continue to practice sight word hook. Hide 5 sight words around the house a day and have your child find them, read them to you and use it in a sentence. Please note that students will not be able to tell you exactly what the word is in English. We encourage students to use the word in a sentence to show understanding.

Oral language – Speak French with a sibling, parent, friend on the phone, etc. Use structures taught in class: Comment ça va? (How are you?) Comment te sens-tu? (How are you feeling?) Quel est la date aujourd’hui? (What is the date today?) Quel sera la date demain? (What will the date be tomorrow?) Quel était la date hier? (What was the date yesterday?) Quel temps fait-il? (What’s the weather like today?) Listen to French videos on Youtube or visit our class website. We encourage you to look at our videos on: Gaston Cochon (new sound friend), structures and sight words.

Writing - Draw a picture of what you see outside, label your picture and pick one or two things to write about. Start your sentence with “Je vois” or “Il y a”. Encourage your child to sound out as many words as possible and use words that they know. It is ok to look up words in the dictionary however try to have them sound it out. Any words that you are unsure of pronunciation you can use www.naturalreaders.com/online/ or other text to speech features on your phone.

FREE PLAY

Any free play is beneficial for your child!!

Consider having them build with recycling: a castle, a tower, a community, etc

PHYSICAL EDUCATION

Please find some activities that can be done this week at home to help with Physical Education At Home Learning. Take advantage of this time to participate and model physical activity with your family.

Throwing and Catching

Find a safe object to practice throwing and catching (a small ball, a pair of socks rolled into a ball, crumpled up paper). Try these challenges! Do 10 of each.

1. Toss with your favourite hand and catch with both hands
2. Toss with Right hand then catch with Right hand
3. Toss with Left hand then catch with Left hand
4. Toss from Right hand to Left hand
5. Toss Left hand to Right hand

Too EASY?? Try standing on 1 foot or try with your eyes closed.



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How many catches can you and a family member complete in a row? 20? 40?

Dice Fitness

Roll a die, add the number rolled by your age and perform an exercise (jumping jacks, push-ups, 1 foot balance, burpees, cross body crawl, toe touches, alternate toe touches, sit ups/curls, leg lunges, squats, leg lifts) that you picked to match with the number on your die. If you do not have dice at home, you can make dice! All you will need is paper, scissors, tape and a pencil to make the dots with! Dice have 6 sides.

Walk

While keeping 2 meters social distance from others, go for a 15-20 minute walk with a family member around your neighborhood. For each block pick a different locomotor movement. Try skipping, two-foot jumps over cracks in the sidewalks/side of road, leap over puddles, shuffle or gallop. We had been working on increasing the number of minutes that we can sustain participation.

Dance

Dancing is such a great way to increase your cardiovascular endurance. Turn on your favourite song and dance like no one is watching. Or dance with the dancers on Just Dance.

Just Dance - https://www.youtube.com/playlist?list=PLQh0p9r_deuAzE7WlerEear7HZVv23Wd1

Stretch

Stretching enhances your flexibility, strength, coordination, and body awareness. Try to make all of the letters of the alphabet with your body! How long can you keep your balance for each letter? Cool down with some of your favourite stretches!

Mindfulness

This is a stressful, anxious time for everyone. We can choose to find the good in every situation. Write down 3 things you are grateful for today and share with your family.

GoNoodle

A great resource that many teachers use and that students enjoy is **GoNoodle**. Currently, there is an At Home version that could be used at any time during the day to have students active and engaged.

<https://www.gonoodle.com/good-energy-at-home-kids-games-and-videos/>

As the weather begins to warm, take advantage to go outdoors, while respecting social/physical distancing, to be active in a variety of physical activities: tree climbing, walking, jogging, biking, jump rope.

Stay Active and Stay Safe!

If you have any questions, please contact me at Nathan.king@nbed.nb.ca

OTHER(MUSIC)

Kindergarten and Grade 1



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<https://musicplayonline.com>

Musicplay Online is a website that I use regularly in the class for all students K-5. It has hundreds of songs and games for students from PK to Grade 6. Denise Gagne, the creator of all this material, has opened her site with a free student log in. Simply go to the website and your child should be logged in immediately. This is an excellent resource to review all the topics and concepts that we have learned this year. Feel free to play some games (down the right hand side of the page).

If you are able to access this website, there is a blue button on the left hand side of the main page that says **online learning**. Click on that button and it will take you to all the grade level lessons that have been created for this time during Covid 19. It will be labeled Kindergarten Lesson 2 (m. 4) or Grade 5 Lesson 1 (a.1). The m.4 means March Week 4. The a.1 means April Week 1. You could do any lesson at anytime.

Find Instruments Around Your House – Make a box of instruments

Wood – In the classroom we have instruments like tick tock blocks, rhythm sticks or tone blocks that are made of wood. Look around your house and see if you can find anything that you could use as a wood instrument. A couple of suggestions would be wooden spoons or popsicle sticks.

Metal – Tambourines, cymbals and jingle taps are metal instruments at school. Do you have anything at home made of metal that you could use as an instrument? Spoons, pots and pans or a cookie sheet would be a few suggestions. Can you find anything else?

Drums – This is probably my favorite group of instruments. I don't have a lollipop drum at home, but I do have plastic bowls that I could turn upside down to use as a drum. What can you find?

Shakers – I don't have any egg shakers or maracas at my house, but this is a simple type of instrument to make. Put some rice or macaroni or beads into a little container that has a lid. Instant shaker! Can you think of a different way to make a shaker?

If it's ok with your parents, place all your "found" instruments into a box or bin. Try to keep them in one place. **Game** - Have someone in your family take an instrument out of the box while you are hiding your eyes. Try to guess what they are playing without peeking. Then do the same thing to your parents or brother or sister and see if they can recognize the instrument you played. If this is too easy, play two or three instruments in a row.

If you have access to musicplayonline.com, search the song **Play and Stop**. It will be the first song in the list after searching. Pick up an instrument and play when there is singing and then stop when it tells you too. If you can't access this through the internet, use any song and have a parent or sibling pause the song when they want you to freeze and stop.

Have fun and **DON'T STOP MAKING MUSIC!!**



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